

10K Top 3 Winners

Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2006	1	Drew Mumford	38:59	Prescott	1	Pamela Erickson	44:54	Prescott
	2	Jeff Suddeth	39:29	Prescott	2	Taryn Trapp	45:06	Prescott
	3	Joshua Trask	39:57	Gilbert	3	Jen Laipple	45:39	Prescott
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2007	1	David Valdez	40:12	Prescott Valley	1	Erin Bresman	47:17	Scottsdale
	2	Ron Thompson	40:26		2	Terri Antonino	47:22	Scottsdale
	3	Ty Kelly	41:24	Prescott	3	Lisa Gorman	47:51	Prescott
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2008	1	David Valdez	37:06	Prescott Valley	1	Sara Wagner	43:41	Flagstaff
	2	Shane Logan	37:29	Cottonwood	2	Mattea Kramer	47:28	Prescott
	3	Rob Turpin	40:53	Prescott	3	Colleen Burke	47:29	Flagstaff
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2009	1	Hayden Harrison	38:40	McKean, PA	1	Serena Lackey	47:27	San Diego, CA
	2	Michael Flournoy	39:27	Scottsdale	2	Shannon Smith	48:19	Avondale
	3	Rob Turpin	40:20	Prescott	3	Sarah Twombly	49:24	Prescott
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2010	1	David Valdez	35:32	Prescott Valley	1	Serena Lackey	45:05	San Diego, CA
	2	Hayden Harrison	37:37	McKean, PA	2	Melissa Schossow	47:00	Flagstaff
	3	Josh Benson	37:39	Prescott	3	Terri Antonino	48:03	Scottsdale
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2011	1	Jesus Escalera	36:58	Prescott Valley	1	Alanna Bernacchi	43:18	Phoenix
	2	David Valdez	37:46	Prescott Valley	2	Kirsten Lightfoot	45:13	Phoenix
	3	Josh Benson	39:24	Prescott	3	Madi Sharp	42:20	Glendale
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2012	1	Dallin Webb	35:55	Prescott	1	Lyndsey Golden	45:38	Cardiff, CA
	2	Nathaniel Hald	36:41	Prescott	2	Katie Townsend	48:59	Prescott
	3	David Valdez	37:55	Prescott Valley	3	Rainey Weaver	49:36	Tempe
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2013	1	David Valdez	37:17	Prescott Valley	1	Anna Kobb	43:14	Flagstaff
	2	Tom Lin	40:29	Eagar	2	Lyndsey Dixon	45:35	Solano Beach, CA
	3	Luke Arminio	41:33	Prescott	3	Diane Schumacher	47:05	Sedona

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2014	1	David Valdez	36:56	Prescott Valley	1	Katie Townsend	49:50	Prescott
	2	Hosaua Kretzmann	37:21	Prescott	2	Kaylee Barton	50:01	Boise, ID
	3	Vincent Arminio	38:34	Prescott	3	Joanne Hughes	51:48	Tempe
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2015	1	Ryan Baker	37:15	Flagstaff	1	Katharine Brownlee	42:34	Phoenix
	2	David Valdez	37:21	Prescott Valley	2	Elizabeth Richards	45:39	Prescott
	3	Habtamu Cheney	37:56	Phoenix	3	Sheila Tufano	47:17	Chandler
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2016	1	David Valdez	37:36	Prescott Valley	1	Brenda Williams	41:43	Cornville
	2	Nakai Lake	38:35	Prescott Valley	2	Bailey Maguire	45:52	Glendale
	3	Eliseo Perez	41:24	Scottsdale	3	Shea Wright	46:16	Surprise
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2017	1	David Villagran	38:41	Prescott Valley	1	Brenda Williams	41:48	Prescott
	2	Randy Loemker	44:48	Prescott	2	Shea Wright	46:16	Prescott Valley
	3	George Allen	45:16	Scottsdale	3	Kaylee Collison	46:43	Prescott
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2018	1				1			
	2				2			
	3				3			
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2019	1				1			
	2				2			
	3				3			
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2020	1				1			
	2				2			
	3				3			
Year	Place	Male	Time	Hometown	Place	Female	Time	Hometown
2021	1				1			
	2				2			
	3				3			